

Grade	Quadrathlon	Duathlon	Push-Ups	Chins-Ups	Grip Strength (R/L)	Agility 5-10-5 (sec)	100m (sec)
All Time	275.20 Josh Gillis June 2006	90.79 Ryan Muller June 2008	101 Klarc Wilson June 2008	37 Reece Scarlett Sept 2008	71/91 kg Sena Acolaste June 2006	4.47s Jesse Kallechy June 2006	11.34s Scott Stewart June 2004
4	Not Tested	65.2 Ryan Muller June 2006	74 Ryan Muller June 2006	22 Ryan Muller June 2006	41/31 kg Ryan Muller June 2006	5.37s Jacob Schnack Feb 2008	15.42s Jacob Wachowicz June 2006
5	Not Tested	77.8 Graham Schell June 2006	70 Junior Hennig Feb 2008	27 Ryan Muller Jan 2007	40/43 kg Ryan Muller Sept 2006	5.37s J. Hennig Sept 07 L. Ross Feb 08	15.41s Junior Hennig June 2008
6	Not Tested	90.79 Ryan Muller June 2008	72 Ryan Muller June 2008	20 Ryan Muller Sept 2007	50/46 kg Ryan Muller Feb 2008	5.03s Jacob Wachowicz June 2008	14.49s Jacob Wachowicz June 2008
7	207.86 Luc Topolynski June 2008	Not Tested	100 Kieran Purich June 2005	23 T. Rai June 08 R. Muller Sept 08	54/52 kg Jason Reid June 2004	5.09s Luc Topolynski June 2008	13.30s Matt Pick June 2004
8	206.21 Linden Bourne June 2008	Not Tested	71 M.Chalifoux Sept 03 C.Smith Jan 07	24 Tristan Rai Sept 2008	65/71 kg Klarc Wilson Sept 2006	4.94s Connor Mikaelson Feb 2008	12.50s Michel Chalifoux June 2004
9	235.93 Klarc Wilson June 2008	Not Tested	101 Klarc Wilson June 2008	34 Reece Scarlett Sept 2007	67/63 kg Klarc Wilson June 2008	4.72s Marcus Fergusson June 2008	11.80s Mark Strickland June 2004
HS	275.20 Josh Gillis June 2006	Not Tested	80 Ty Klatt June 2004	37 Reece Scarlett Sept 2008	71/91 kg Sena Acolaste June 2006	4.47s Jesse Kallechy June 2006	11.34s Scott Stewart June 2004

Grade	50m (sec)	Sit & Reach (cm)	12 min run (m)	30m (sec)	SLJ (m)	STJ (m)	Back over Throw (m)
All Time	6.05s Zach Daley June 2005	53.5cm Tricia Cech June 2004	3700m Colter Hamm Jan 2005	3.85s J. Koper June 2006 J. Gillis June 2006	2.80m Dane Voegtlin Sept 2004	8.52m Josh Gillis June 2006	17.88m Greg Frost June 2006
4	7.68s Jacob Wachowicz June 2006	43.5cm Jackson Yorke Sept 2007	2800m Nicholas Jones June 2006	4.92s Matteo Milroy June 2006	1.88m Ryan Muller June 2006	Not Tested	Not Tested
5	7.78s Graham Schell June 2006	43.5cm Raylene Emerson Sept 2008	2900m S. Wright June 06 N. Jones Sept 06	4.73s Graham Schell June 2006	2.10m Junior Hennig Feb 2008	Not Tested	Not Tested
6	7.40s Jacob Wachowicz June 2008	46cm Andrew Vincent June 2004	2850m Maverick Lynes Feb 2008	4.59s Issac Farrah June 2008	2.33m Ryan Muller June 2008	Not Tested	Not Tested
7	7.00s Jason Reid June 2004	49.5cm Charissa Church Sept 2004	3100m C. Smith June 06 N. Lamothe Feb 08	4.33s Tristan Reimer June 2008	2.41m Luc Topolynski Feb 2008	7.00m Luc Topolynski June 2008	13.70m Luc Topolynski June 2008
8	6.40s Zach Daley June 2004	52.5cm Charissa Church June 2006	3200m Dalton Rairie Feb 2008	4.13s Konrad Bablitz June 2006	2.70m James Renouf June 2004	7.35m Michael Day June 2008	15.17 Cole Grekul June 2008
9	6.42s Reece Scarlett June 2008	53cm Josh Gillis June 2005	3700m Colter Hamm Jan 2005	4.10s Reece Scarlett June 2008	2.77m Klarc Wilson Feb 2008	7.82m Reece Scarlett June 2008	15.55m Robert Simunkovic June 2008
HS	6.05s Zach Daley June 2005	53.5cm Tricia Cech June 2004	3100m S. Stewart Sept 04 C. Smith Sept 08	3.85s J. Koper June 2006 J. Gillis June 2006	2.80m Dane Voegtlin Sept 2004	8.52m Josh Gillis June 2006	17.88m Greg Frost June 2006